

COSMASURE

COSMASURE™

**Skin, Hair & Laser Clinic**

When Its Your Skin, Be 100% Sure, Trust Only The Best.

**Clinic :** 499, Pandey Hospital, North Civil Lines ,  
Beoharbagh, Jabalpur Ph. : 2623833 **M.** 8962328743  
website : **www.cosmeasure.com**



YOUTUBE



INSTAGRAM



FACEBOOK

Follow us

कृपा कर हमे दिए गए बारकोड के जरिए फेसबुक, यूट्यूब एवम् इंस्टाग्राम पर फॉलो करें  
जिसमे आपको त्वचा, लेजर एवम् बालों के संबंध में लेटेस्ट/नवीनतम जानकारी मिल सके।

# COSMASURE™

## Online Store



सारी सर्वश्रेष्ठ स्तर की त्वचा संबंधी दवाइयां  
For Buying Top Class Dermatology Related medicines Online visit  
<http://order.cosmasure.com/>

**तीन आसान प्रक्रिया /तरीके आपके लिए :-**

1. कृपा कर फॉर्म को भरें एवम् अपना प्रिस्क्रिप्शन अपलोड करें।
2. हमारे सहयोगी आपसे संपर्क करेंगे ,आपकी जरूरत समझ कर आपको बिल डिस्काउंट सहित प्रेषित करेंगे ।
- 3 आप नीचे दिए लिंक पर पेमेंट करेंगे और आपके पास आपका ऑर्डर पहुंच जाएगा।

**Three simple steps to follow**

1. Fill out the form and Upload your prescription
2. Wait for our representative to contact you to understand what all you need and then your final bill with discounts.
3. Make your payment on the link described below and on the form as well and we shall send your products directly to you .

**सारी सर्वश्रेष्ठ स्तर के त्वचा संबंधी प्रोडक्ट्स ऑनलाइन उपलब्ध विजिट  
[www.dermalsure.com](http://www.dermalsure.com)**

**For Buying Top Class Dermatology Related Products  
visit <https://www.dermalsure.com/>**



# Directors Message



The field of cosmetology and dermatology has grown by leaps and bounds in the last decade and is ever evolving with new procedures , techniques and lasers being launched all the time .

It's said that the body is the temple of the mind and a healthy body harbours a evolving soul so in recent times the emphasis on looking right has become paramount and understandably so .

At cosmeasure we provide a complete solution to all our patients and clients whether it's that youthful look you are after or if ageing gracefully is your thing we provide customised solutions and expert advice at par with latest international standards .

When it comes to skin and hair people often get misled by unqualified personel,hearsay remedies and gimmick marketing of beauty products and companies often causing excessive harm to their inherent skin and hair profile, we at Cosmeasure plan to change all this for our patients and clients by providing comprehensive solutions to all your skin and hair problems and conditions.

We never compromise on quality and have the latest and US FDA certified equipment only in our clinic like helios 3 nd yag hyperpigmentation and tatoos removal Laser from USA.

Milesman Premium permanent hair removal/reduction laser from USA .

Duet Rf skin tightening and facial rejuvenation laser from Europe.

We specialise in Botox ,HA fillers, peels , non surgical thread lifts just to name a few.

For the first time in Jabalpur we are providing full body hair removal packages.

Furthermore we have an array of expert and qualified specialists including plastic and cosmetic surgeons , dieticians and with a dermatologist who is internationally trained and qualified the patients /clients hae the best of both the worlds since we are the only clinic to offer a dedicated department of plastic surgery and an attached operation theater in our set up

**Dr. Amarendra Pandey**

MBBS(Vikram Univ.),  
DVD(Mumbai),M.D (1<sup>st</sup> In Merit)

# PUBMED INDEX ARTICLES & INTERNATIONAL AWARDS

Search results for 'Amarendra Pandey' on PubMed. The interface shows search filters on the left, a list of articles in the center, and a list of filters on the right. The first article listed is 'Molecular Epidemiology of the Indian Subcontinent: A Review of the Genetic Diversity of the Indian Population' by Pandey A, Sharma S, et al. (2017).

Search filters for 'Amarendra Pandey' on PubMed. The filters include:
 

- Study and Document: Clinical Trial, Meta-Analysis, Randomized Controlled Trial, Review, Systematic Review
- Publication Year: 1 year, 5 years, 10 years, Custom Range
- Additional filters: Add filters, Reset all filters

## President - Message



Dr. Amarendra Pandey

Greetings to all the concerned members the Madhya Pradesh nursing homes and hospitals association and to the people of Jabalpur at large.

I would at the onset like to express my gratitude to all seniors that by the grace of Shree Mahabul Babu J was given the responsibility of being the youngest ever president of neptha Jabalpur. Neptha association Jabalpur with over 100 members, over 2000 beds and with over 10000 employees and our entire team consists of youngsters who have promised to the people of Jabalpur that we shall take affordable healthcare to the next level while maintaining the highest standards of quality and with full commitment.

We together offer every crumb of credit to be loanable government in various schemes of CGHS, ayushman Bharat and other schemes for the poor patients. We are launching a poor patients helpline to help and serve those who are economically weak and require our assistance.

We hereby launch the first and premier edition of our neptha monthly journal with my brothers Dr Sparsh Nath and Dr Nishant Parayee who are leading young orthopedic surgeons of the city in the future.

We are committed to making the lives of our members better and helping them work for their patients with full dignity and honor. We shall take a year problems and struggles to the right platform and help you in achieving the impossible, which was never mind till now.

BIHAR NADA S2 JAI

JAI HIND



Dr. Amarendra Pandey  
President

IMA MP NEWS 2023

**A Novel and New Technique to remove epidermoid cysts/Sebaceous Cysts /upto 7 cms in diameter of the face and neck region using a minimally invasive technique and needle hole delivery of the cyst capsule with no recurrence**

Dr Amarendra Pandey, MBBS, DVD, MD  
Aesthetic Dermatologist And Laser Surgeon

Prof Dr Vikesh Agrawal, Dr Shaunkatpal



Affiliations: Life Member IMA, IADVL, SAAI, DASE, like the scroton, fingers, genitalia etc. The term the term is in the process of a study.



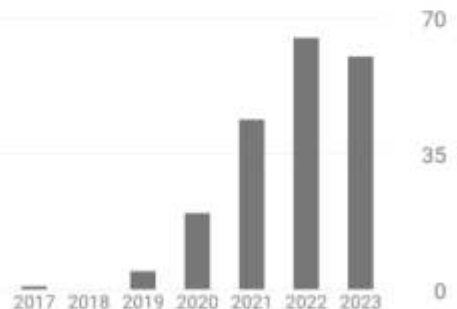
## Dr Amarendra Pandey

Department of Dermatology ,Pandey Hospitals Pvt Ltd  
Verified email at justaloe.in - [Homepage](#)

Aesthetic Dermatology and Lase...

ARTICLES CITED BY CO-AUTHORS

|           | All | Since 2018 |
|-----------|-----|------------|
| Citations | 201 | 197        |
| h-index   | 6   | 6          |
| i10-index | 4   | 4          |



# Dr Amarendra Pandey

## Awards and Achievements



### Degrees and fellowships

1. MBBS with First in merit from Vikram University Ujjain ,R D Gardi medical college year of passing 2010
2. DVD Mumbai D Y Patil Deemed University year of passing 2015 Mumbai
3. MD Dermatology and Fellow of Guyana association of Dermatology registered in Guyana to practice 2017
4. Fellowship from ASLMS American Association of Laser medicine and Surgery taken at Beckman Laser Institute Irvine Orange County LA.
5. Fellowship in micro liposuction from IFAAS South Korea .
6. Fellowship in laser technology and mechanics from Laseropteks Seoul South Korea .
7. Fellowship and training in facial threads from IFAAS South Korea .
8. Certificate Course from American Academy of Dermatology AAD in Latest Advancements in Psoriasis Treatment

### Posts currently held :-

1. Past President IMA Jabalpur Branch ex hon Secretary and ex Vice President
2. Secretary SAAI , Society of Aesthetic Advancements India [www.saai.org.in](http://www.saai.org.in)
3. Managing Director , DermalSure , [www.dermalsure.com](http://www.dermalsure.com)
4. Managing Director panmedi solutions and pandey exports [www.panmedisolutions.com](http://www.panmedisolutions.com)
5. Managing Director Pandey hospital pvt Ltd [www.pandeyhospitals.com](http://www.pandeyhospitals.com)
6. Managing Director Cosmeasure [www.cosmeasure.com](http://www.cosmeasure.com)
7. Managing Director Pandey Farms and Plantations pvt ltd and just aloe [www.justaloe.co.in](http://www.justaloe.co.in)
8. President Jabalpur Hospitals Association MPNHA and Past Secretary General MPNHA JABALPUR and ex Joint Secretary MPNHA State of MP
9. Founder Secretary General Association of Small healthcare organizations of India
10. Founder and Charter Secretary and Past President Rotary Club of Jabalpur Premier.
11. Founder Secretary and President Jabalpur Dermatology Society.
12. Founder Chairman Ethical Professionals/ Doctors Association, National Secretary General Indian Dermatologist & Doctors against Quackery.

### Awards and faculty :

1. Faculty at IMCAS Paris 2018 represented India and presented white hair reduction and laser hair removal .
2. Faculty At IMCAS Paris 2019 Represented India again spoke on LHR,THREAD LIFT,BODY FAT REDUCTION AND BODY SCULPTING , PRP IN MALE AND FEMALE ANDROGENIC ALOPECIA
3. Talk selected for IMCAS ACADEMY in 2018 only a few from India got this honour

5. Represented India in 2019 at Singapore Congress of Infective Diseases and gave the Award winning presentation on the Itraconazole and Azole menace prevalent in developing countries ,a time bomb waiting to explode .
6. Faculty at the international workshop on Dermascopy at Pokhara Nepal by Saarc nations 2019 .
7. Winner of two National Awards in the categories Innovative Use of Lasers and research in lasers 2017 FACETHETICS won cash awards of rs 1 lakh plus .
8. Faculty and paper presentation at SAARCUM ,2018 MEDANTA GURUGRAM
9. Best Branch Award for Madhya Pradesh for jabalpur ima ima Dr R G Gaur Trophy awarded at Gwalior State Conference 2019
13. Best Branch of India Award Award for Membership Development All india awarded at national conference at Kolkotta 2019
14. President's Appreciation Award 2019 Awarded at National Conference 2019 at Kolkotta.
17. Organised the first webinar of central india on covid 19 Awareness for the patients at the onset of the first lockdown .
18. Organised covid 19 webinar on treatment and ICU protocols in the second wave included methylene blue based research also .
20. Managing director and head consultant of the covid unit and ICU at Pandey Hospital Pvt ltd which successfully treated more than 551 patients during the two waves .
21. Headed the team of expert consultants who gave free services to the poor patients at the Shree Rani Durgawati Covid Treatment centre set up by the government
26. Winner of National Award for young leaders held at Indian Medical Association Dr Ketan Desai Yuva Leader Award at HEADQUARTERS New delhi on Nov 14 2021
28. Organising Secretary of ima Jabalpur MEDICON 2020 , multi-speciality conference on latest breakthroughs in the medical field.
29. Organising Secretary Jt in shatak IIII ,100 celebration NATIONAL multi speciality conference on latest breakthroughs in medical sciences.
31. Recieved the prestigious Dr K B Hedgewar sahab Rising Star State Award for Aesthetic Dermatology and Laser Surgery .
32. Recieved the Prestigious Dr S K Khanijo sahab Madhya Pradesh State Orator Award for research ,academics and ima work .
34. Expert Panelist at the Special interest group ladvl national conference at Indore on hair and trichology .
35. Pandey Hospital Pvt Ltd Postal Cover was inaugurated which is a privilege only a few healthcare institutes have recieved
36. Awarded the Prestigious Fellow Of Indian Medical Association Academy of Medical Specialities Fellowship in Dermatology and Venereology By IMAAMS Headquarters at Hyderabad ,one of the Youngest ever in India to recieve this honour .

# COSMASURE™

## About Us

- Cosmasure is located in the centre of the city in north civil lines one of the most posh areas of Jabalpur which lies right at the centre of India, well connected by road, rail and air.
- Cosmasure is the latest addition to a legacy of health care which is over 60 years old and at the helm of affairs is Dr Amarendra Pandey a third generation doctor and a dermatologist who is internationally trained and qualified. He belongs to an illustrious family of doctors S/O Dr Anoop Pandey M.S past surgical gastroenterologist and laproscopic surgeon and late prof Dr S.C.Pandey M.S ex HOD department of surgery NSCB Govt Medical College Jabalpur.
- Cosmasure is equipped with the state of the art facilities and lasers such as The **Helios 3** : ND YAG Q Switched pigmentation and tattoo removal laser which is one of the few in India.
- All our lasers are US FDA approved or applied for.
- We at Cosmasure have patient/client satisfaction and safety as our prime focus and hence we have invested in state of the art US FDA approved lasers and equipment.
- We prescribe only standard and ethical medications
- We maintain a complete digital patient profile with online back up
- We at Cosmasure are involved in regular research activities to enhance our treatment protocols and we believe in providing a sustainable solution to our patient and clients
- We uphold the highest code of ethics and regular medical audits are held which can be accessed on request
- We are trying our level best to provide world class services in Jabalpur by God's grace





# COSMASURE™

## Exclusive Packages

### Bridal make over

- Cosmasure provides the ultimate bridal make over which will metamorphose the to be bride into an epitome of beauty we use soft laser peels , remove marks and blemishes ,tone the skin and rejuvenate the face completely ..enhance the complexion
- We Remove unwanted hair permanently

### Teen care

- Special testament for our adolescent and teen age clients ...specialist acne treatment. .prevention of acne scars ...skin tone and complexion is build upon using the right skin care,diet and lifestyle practices

### 20's plus youth renew

- We provide specialist consultation and treatment for issues like oily skin ,hair loss ,hair denaturation , dark spots ,hyperpigmentation, sun damaged skin we use our lasers ,peels and topical regimes for the same

### 30's Prime Age wonder

- We manage the age related issue and photo damage using vampire lifts ,non surgical thread lifts , peels , HA fillers alongside our skin tightening lasers.
- We guarantee your youthful look will be renewed and maintained .

### 40 optimum revive

- We manage the fine line and wrinkles with our botox procedures , HA fillers and skin toning lasers
- Skin texture and tone is improved drastically using laser treatment and mesotherapy
- We also provide complete hair transplant and hair rejuvenation solutions
- Implants and enhancements are used as required

### 50 Golden Age grace & 60's Platinum Regain

- We will make head turns and make people raise their eye brows when you reveal your real age after visiting cosmasure
- We manage and eradicate all the signs of ageing completely using magic needles botox and mesotherapy Facial fillers Face lifts using threads
- We provide maintenance therapy with skin tightening lasers and maintenance peels and thus your looks will prove age is just a number

## HELIOS 3 ND:YAG Q Switched (Pigment/Tattoo/Skin Whitening) Laser

The HELIOS 3 laser represents a new standard for the treatment of pigmented lesions. The HELIOS 3 is an Nd:YAG Q-Switch fractional laser.

### What is an Nd:YAG Laser-

Nd:YAG is short for neodymium-doped yttrium garnet. Nd:YAG is a term used to differentiate the many types of lasers and specifically refers to the type of high-powered laser energy produced by the laser head that is delivered through the machine's handpiece. Usually Nd:YAG is delivered through a 1064nm or a 532nm wavelength, but can also produce transition wavelengths from 940nm-1440nm.

### Lasers used in aesthetic treatments can target:

#### Chromophore (Melanin) Hemoglobin (Blood) Water

The HELIOS 3 II targets chromophore or melanin and is used extensively to target pigment and pigmented lesions in the skin. Since its debut, HELIOS 3 has set a new benchmark for all Q-Switch Nd:YAG lasers with its patented technologies.

### HELIOS 3 USES & INDICATIONS

Utilizing this high-powered yet low-pain Nd:YAG Laser, the HELIOS 3 has been used to address:

Melasma, Tattoos Acquired, Bilateral Nevus of Ota-like Macules (ABNOM) Nevus of Ota

- Becker's Nevus
- Lentigo
- Freckles
- Uneven Skin Tone
- Caf au Lait spots
- Post-Inflammatory Hyperpigmentation of Skin (PIH)
- Sun Damage
- Onychomycosis (Nail Fungus)

### HELIOS 3: FLAWLESS SKIN & REDUCED PAIN

HELIOS 3 is the unique solution for flawless skin. The 532nm mode can remove most epidermal skin lesions like freckles and sun spots. The 1064nm mode can treat deeper into the dermal layer and target discolorations like melasma and tattoos.

The Quasi Long pulse mode can target small vascular anomalies and redness. The **Carbon Peel** is great at rejuvenating the skin, reducing pores, and giving an all-around glow. The HELIOS III is a total skin care system that is a great addition to any practice.

**Carbon Peel:** The Carbon Peel is the process of applying a light coat of carbon over the skin and then essentially removing the carbon through a burst of light perfectly fired from the laser. When the carbon is blasted off the skin, dead skin cells, makeup residue, clogged pores, oil and blackheads are removed along with it.

This leaves the skin radiant and glowing. This facial rejuvenation process is quick and painless & no downtime.

The benefits of Carbon Peels include **reduced pore size, even skin tone, less redness, reduction in oil production, reduction of fine lines and wrinkles from collagen stimulation and glowing skin from removal of the outer dry, flakey skin.**



HELIOS 3: BEFORE / AFTER PICS

**ABNOM**  
Acquired, Bilateral Nevus  
of Ota-like Macules



BEFORE



AFTER



BEFORE



AFTER

**Hands  
Pigmented  
Lesions**

**Melasma**



BEFORE



AFTER



BEFORE



AFTER

**Nail Fungus**

**Chicken pox scars T/t**



BEFORE



AFTER



BEFORE



AFTER

**PIH**  
Post Inflammatory  
Hyperpigmentation



BEFORE



AFTER

**Tattoo Removal**



BEFORE



AFTER

# All pics of treatment at Cosmeasure only.

**Ablative indications  
acne scars**



BEFORE



AFTER



BEFORE



AFTER

**GREY/WHITE HAIR LHR  
(INTERNATIONAL RESEARCH )**

**SCAR REVISION**



BEFORE



AFTER



BEFORE



AFTER

**SCAR REVISION**

**TREATMENT OF  
CONGENITAL NAEVUS**



BEFORE



AFTER

### MULTIMODAL TREATMENT



BEFORE



AFTER

**ACNE SCARS &  
ACTIVE ACNE TREATMENT**

**MOLES, FRECKLES AND BLACK  
HEADS REMOVAL**



BEFORE



AFTER



BEFORE



AFTER

**VITILIGO TREATMENT WITH  
USFDA EXCIMER**

**DR PANDEYS MINIMAL  
ACCESS TECHNIQUE (Patent Applied)**



BEFORE

AFTER



**BENEFITS OF SUPER PRP  
IN HAIR LOSS (AA)**

**BENEFITS OF SUPER PRP  
IN HAIR LOSS (AGA)**



**1<sup>st</sup> IN JABALPUR**

## MILESMAN PREMIUM LASER

Milesman Premium is the Gold Standard diode laser for hair removal. It has everything that a diode laser needs in order to achieve the best results in fewer sessions, it is comfortable and it is the most powerful on the market.



## First Triple Wavelength Diode of Jabalpur

### Platina Pro

For all skin types and fine hair, for completing unfinished treatment from inferior lasers finally and fully from the root results certified and guaranteed.

Triple wavelength hair removal solution for superior efficacy safety and comfort.

Enable with less time consuming In-motion treatment option.



**BEFORE**

**AFTER**

**BEFORE**

**AFTER**



**BEFORE**

**AFTER**

#### SPECIFICATION

Diode Laser with Lightest Handpiece

|                         |                          |
|-------------------------|--------------------------|
| Laser Quantity          | 800W American Laser Bars |
| Laser Wavelength        | 808+755+1064nm           |
| The Light Guide Crystal | Sapphire                 |
| Handpiece               | 350g                     |

## DUET RF SKIN TIGHTENING/ SCAR REMOVAL

The **DUET RF** system provides 2 focused advanced radiofrequency technologies - Fractional RF skin resurfacing and Thermal RF deep dermal tissue tightening and remodeling.

**DUET RF** is based on the focused advanced radiofrequency technology. Fractional RF and Thermal RF systems can be used in combination or separately, and maximizes the effectiveness of treatment for various indications. A specially designed hand piece, with a choice of tips together with adjustable power control ensures the right treatment modality can be safely selected to match the various clinical indications.

### Duet Fractional RF

Provides unique AFMR (Advanced Fractional Multi-Polarity Radiofrequency) technology, with the choice of three different density tips. The flexibility in treatment parameters means Duet can deliver mild sub-ablative skin resurfacing treatment all the way through to advance fractional epidermal ablative with deep dermal necrosis regions that promote more effective collagen remodeling, rivaling many traditional resurfacing treatments.



### Advanced Multi-polarity Radiofrequency

Delivers precise RF energy while allowing the user the flexibility to select the density and RF intensity to match patient/client needs. Focused RF energy transfers heat to the deep dermal layer more efficiently than traditional laser treatment. A very minimal spot size through the epidermis allows to transfer and spread heat energy deeper into the dermis.

The energy permeates to a depth of 400 to 600 microns, allowing it to remain in the dermal layer longer and aid in collagen fiber regeneration.

NTTS (Non-pole Thermal Transpiration Structures) system is a technology that uniformly delivers RF thermal energy into both the dermis and subcutaneous tissue. NTTS provides a non-invasive treatment that immediately contracts collagen and fibrous septa while stimulating the formation of new collagen, which occurs over a 12-week period, providing a tighter more youthful-looking appearance.

### Advanced mono-polar radiofrequency

Unlike other RF skin tightening devices, our NTTS system delivers the energy indirectly through a polyamide film, delivering the energy uniformly into the targeted tissue.

### Application

- Double Chin • Facial Skin Tightening • Neck Tightening • Wrinkles • Scars • Enlarged Pores
- Hypertrophic Skin Texture • Pigmentation • Tightening • Lifting • Acne scars • Contouring

## NON SURGICAL HA Filler

HA FILLER non-surgical filler is approved for injection into the mid to deep dermis (below the outer layer of skin) for the correction of moderate to severe facial wrinkles and folds, such as nasolabial folds (the creases running from the bottom of your nose to the corners of your mouth, also known as parentheses or smile lines).

HA FILLER is the first and only non-surgical filler FDA-approved to instantly smooth moderate to severe wrinkles around your nose and mouth for up to one year with optimal treatment.

### WHY HA FILLER?

- Offers instant, natural-looking results for up to one year with optimal treatment
- Non-surgical. The injection can be performed in a brief office visit
- From the #1 selling family of fillers in the US
- Made with proprietary HYLACROSS™ technology
- Contains lidocaine for improved comfort during treatment

HA FILLER is a non-surgical filler your doctor uses to instantly smooth out moderate to severe lines along the sides of your nose and mouth. Natural looking results may last up to one year with optimal treatment. HA FILLER is made from proprietary HYLACROSS™ technology.

JUVÉDERM VOLUMA® XC is the first FDA-approved injectable gel specifically designed to instantly correct age-related volume loss in the cheek area for people over 21. It adds volume, creating contour and lift for up to two years with optimal treatment. JUVÉDERM VOLUMA® XC is manufactured using proprietary VYCROSS™ technology

### APPROVED USES

HA FILLER injectable gel is for injection into areas of facial tissue where moderate to severe facial wrinkles and folds occur to temporarily add volume to the skin, especially around the nose and mouth.



BEFORE



AFTER



BEFORE



AFTER

## THREAD LIFT : Non Surgical Face lift.

### What is it :-

cosmetic procedure that lifts and realigns sagging tissue while adding definition to facial contours by using absorbable 'threads'. This procedure helps to reposition sagging cheeks, lift eyebrows, correct the marionette line, support the neck and improve facial features.

### How do they work?

Due to the unique design of the specially designed soft barbs or cogs of the threads, the surrounding tissues act to hold the threads in place without the need for visible scars.

Threads are ideally suited for younger and middle aged patients whose skin tone has started to become lax with time or sun damage and who don't want or are unable to have a traditional face-lift. Patients are assessed individually for their suitability.

The procedure is safe and effective when performed by a medical practitioner who has been trained in these types of procedures. Threads can be used alone or to complement other facial surgery and non-invasive procedures such as IPL, Botox or injectable Dermal Fillers.

The procedure is also an excellent complement to other cosmetic treatments such as hyaluronic acid dermal fillers and Botulinum Toxin. The visible aesthetic benefits of a Silhouette Soft™ treatment normally last for a period of 12 to 18 months.



BEFORE



AFTER



BEFORE



AFTER

## AHA/ PHA PEEL

At Cosmasure We Maintain A Comprehensive Range Of All Types Of Peels Like Sa Peel, Ga Peel, Tca Peel, Yellow Peel, Black Peel Etc. We Manage Various Skin Conditions & Disorders Like Melasma , Pih, Hyper Pigmentation, Post Acne Scars, Photo Ageing, Sun Damage & Acne (pimple) Etc.

We Are The Only Setup In Mahakaushal Region To Use Completely Imported Peels From Usa, Italy, France & Germany.

Our Peels Have No Side Effects & Minimum Down Time.

1<sup>st</sup> IN MP & CG

# Kernel Excimer 308

First USFDA APPROVED Excimer System of Jabalpur

For Vitiligo, White Spots, Psoriasis and Many other indications.



**308 Excimer** Ultraviolet Phototherapy apparatus mainly utilizes the 308nm excimer ultraviolet light which uses the chlorinated xenon body as the irradiation source to induce the T cell apoptosis, and promotes the pigment synthesis. **308 Excimer** Ultraviolet phototherapy instrument can be more accurate to the disease skin treatment, and treatment time is short. The excimer light wavelength is unitary, the energy distribution is uniform, and the skin can be controlled in depth, which is an effective way to treat skin diseases such as **Vitiligo** and **Psoriasis**.

Large  
Color Touch  
LCD  
Screen

Ultra  
Light-Weight  
And  
Handy

Time & Dose  
Base  
Delivery

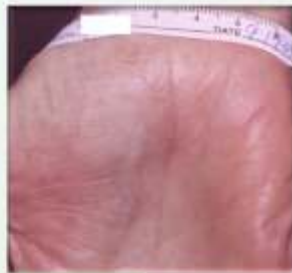
Powerful  
Patient  
Management  
Function

Affordable  
(Economical)  
Price

Variety  
of  
Treatment  
Spot



BEFORE



AFTER



BEFORE



AFTER



BEFORE



AFTER



BEFORE



AFTER



## Carboxytherapy for Stretch Marks at Cosmasure

Skin-Hair & Laser Clinic and Fat Reduction Clinic for the first time in Jabalpur .  
**Dr Amarendra Pandey** Founder and MD Cosmasure Ethical Interventional Aesthetic Dermatologist and Laser Surgeon

Carboxytherapy Carboxytherapy is a non-surgical treatment used to treat and improve the appearance of cellulite, stretch marks and dark under-eye circles. This treatment is less invasive than other treatments used for cellulite reduction. Carboxytherapy uses infusions of carbon dioxide that are injected beneath the skin.



# Dr Pandey's PRP Technique DPPT

## Introduction :

Androgenic alopecia or male pattern baldness is a very common type of hair loss observed in both males and females. Platelet-rich plasma (PRP) is an autologous preparation of platelets in concentrated plasma. Although the optimal PRP platelet concentration is unclear, the current methods by which PRP is prepared report 300-700% enrichment, with platelet concentrations consequently increasing to more than 1,000,000 platelets/L. PRP has attracted attention in several medical fields because of its ability to promote wound healing. Activation of alpha granules of platelets releases numerous proteins, including platelet-derived growth factor (PDGF), transforming growth factor (TGF), vascular endothelial growth factor (VEGF), insulin-like growth factor (IGF), epidermal growth factor (EGF) and interleukin (IL)-1. It is hypothesised that growth factors released from platelets may act on stem cells in the bulge area of the follicles, stimulating the development of new follicles and promoting neovascularisation.

## DPPT:-Dr Pandey's PRP Technique

- We use the PRP kits and the Double Spin Method
- Our PRP has a count of above 10 lakhs / cu mm, which is randomly checked after the protocol has been established

We use topical anesthetic creams and vibrational anesthesia techniques .

An average volume of 6.2 mL (range of 3-12 mL) of pure PRP with a mean platelet enrichment of 3-6 is injected using insulin syringes and . Intradermal injections are made at approximately 0.1 mL/cm<sup>2</sup> in selected scalp areas using the nappage technique (multiple small injections in a linear pattern 1 cm apart to a depth of 1.5-2.5 mm).

The PLATELET POOR PLASMA ,PPP is then sprayed on to the scalp and dermaroller of 1 mm is used to further infiltrate the PPP on to the scalp with a specialized Meso solution developed in house containing various bio peptides , growth factors and vitamins and using the inverse V technique of rolling .

Bio peptide solutions and minoxidil with finastride solutions and minoxidil with amenixil solutions of 2%,.5%,7.5%,10% and 12% are used in tapering and intermittent dosages ,oral biotin,amino acids and multivitamin tablets are used judiciously

## Proposed Mechanism

- PRP contains high concentrations of over 20 growth factors that are actively secreted from the α-granules of platelets. Among those thought to stimulate hair regrowth are platelet-derived growth factor, transforming growth factor, vascular endothelial growth factor (VEGF), epidermal growth factor, fibroblast growth factor, connective tissue growth factor, and insulin-like growth factor IGF-1 [25]. These essential proteins regulate cell migration, attachment, proliferation, and differentiation and promote extracellular matrix accumulation [16,26]. Growth factors in PRP

## Vibrational Anesthesia: Improvisation



## Cosmasure Super PRP Results



Day 1 :- on minoxidil since 3 years



After 2 sessions



After 5 sessions



Day 1 :- on minoxidil



After 2 sessions



After 5 sessions



Day 1 before PRP



After 3 sessions



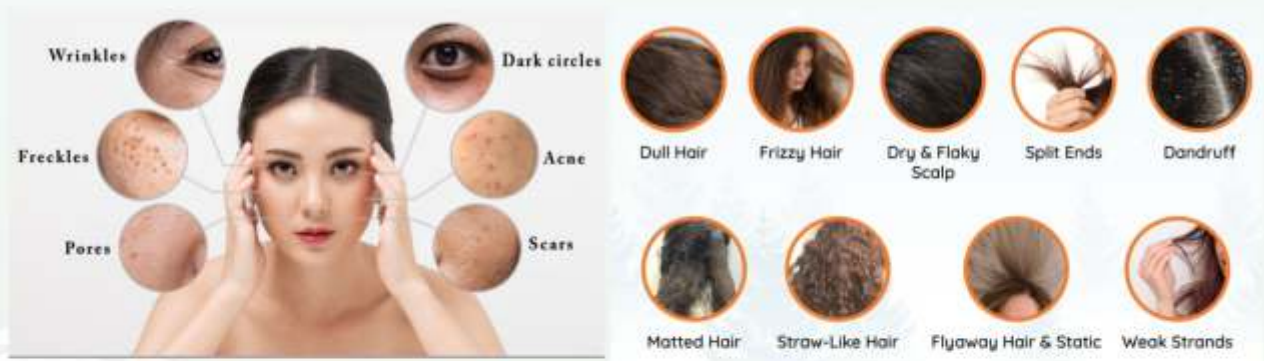
After 6 sessions

# Visage-LS



Visage LS is the world's most advanced live status skin detection equipment together with shooting, analysing and displaying functions. It adopts RGB, UV, PL 3 spectrums, combines with artificial intelligence and image analysis technology. Visage LS has 30 million clinical database analysis and achieves 20 seconds efficient live status skin analysis of 10 dermis and epidermis skin problems. It gives live status of spots, pores, moisture, textures, wrinkles, pigmentation and so on. According to the test results, visage LS can auto-recommend products and treatment for customised skin management. It is an essential live status skin detection equipment for cosmetic recommendation and treatments.

## Get Your Entire Face and Hair tested By the State of the Art Machine



What are the problem areas of your & how will all these problems be solved.

**Take advantage of this Elite test for  
the first time in Madhya Pradesh**

1<sup>st</sup> IN MP & CG

# CapStone 4 Wavelength

Diode Laser (808 nm,1064 nm,755 nm and 940 nm)

We are pleased to announce the installation of the first Quadruple Wavelength Diode Laser at Cosmeasure: Skin-Hair & Laser Clinic, specifically designed for laser hair reduction/removal of unwanted hair.

This cutting-edge technology has the distinction of having all four essential wavelengths: Capstone 755+808+940+1064. This addition marks our third Diode Laser, further enhancing our capabilities to address the unique needs of face and body hair removal for our patients, as well as supporting our research endeavors.

White Hair Removal ,Full Face Hair Removal difficult cases, Resistant cases ,improvement of Spoilt cases ,Body Hair Removal in Minimum sessions



1<sup>st</sup> in Jabalpur

# Numishape CAVSM

Diode Laser

## Cavitation

It uses ultrasonic head to shoot strong waves deep into the body which results in cracking and disintegration of fat cells. Heat energy absorbed in these cells will affect water loss and shrinkage. and thereby fat loss.

## Radio Frequency

Heat generated by Cavitation had results in disintegration and shrinkage of fat cells. Concentrated RF energy helps in improving skin tightening and elasticity. 5 Mhz tripolar head is used for skin rejuvenation of body and 1 Mhz bipolar head is used for skin lifting of face and eyes.

## Treatments:

Body Shaping | Weight Loss | Burn Surplus Fat | Body Slimming | Lymphatic Treatment  
Skin Tightening | Skin Elasticity Improves |

## Benefits:

Non-Invasive method | No down time | Minimum patient discomfort  
| Visible results from 1st session | Lymphatic Treatment | Skin Tightening | Skin Elasticity Improves



1<sup>st</sup> IN MP & CG

# Futura RF 50

## RF Excited CO<sub>2</sub> Laser

**RF excited Co2** Fractional Laser System fires a laser beam which is then split into number of microscopic super fine beams, producing tiny dot, or pixel-like treatment zones within the selected target area of the skin, leaving the other zones within it perfectly intact. Therefore, the heat of laser only passes deeply through the fractional damaged area. This allows the skin to heal much faster than if the whole area was treated.

During the skin self-resurfacing, a great amount of collagen is produced for skin rejuvenation, eventually the skin will look much healthier and younger.

### APPLICATION

- Skin renewing and resurfacing
- Wrinkle removal
- Skin tightening Acne and acne scar removal
- Smooth burnt scars and surgery scars, etc
- Sun damage recovery

### ADVANTAGES

Intelligent laser control system ensures a precise treatment RF-exited Co2 laser energy shooting is even, steady and safe. Wide range application & effective easy and fast treatment. Large-sized colorful touch screen with maniable handpiece



1<sup>st</sup> in Jabalpur

# BASCO RF CAUTERY

### Applications

Oculo plastic surgery | Orbital Surgery | Skin Tags, warts, corns  
Hair restoring surgery | Spider vein removal | Resurfacing vicious sears  
Development of skin flaps | Resection of mucosa | Membrane defects  
Tongue lesion removal | Forehead lift | Ablation of keloides  
Lesion removal | Face lifts | Nipple Reduction | Crown lengthening  
Flap surgery | Gingiveo Plastry.





# 3-MAX

CoolShaping™

The Platform Consists of all 4 Technologies for Fat Reduction & Body Shaping namely

- **Cryolipolysis**
- **Ultra-cavitation**
- **Ultrasound**
- **Multipolar RF**

## Facilities Available for **Fat reduction & Shaping** of

- **Arms & Hand**
- **Buttocks & Thighs**
- **Double Chin/ Face**
- **Chest**
- **Abdomen (Belly)**
- **Love Handles (Flanks)**
- **Waist Line**
- **Full Body**

### INDICATIONS OF THE UNIT

- BODY RESHAPING
- BODY CONTOURING
- FACE CONTOURING AND DOUBLE CHIN REDUCTION
- CELLULITE REDUCTION
- FAT REDUCTION
- POSITIVE METABOLIC STIMULATION
- STRECH MARKS REMOVAL
- SKIN TIGHTENING

### CANDIDATE SELECTION

- BMI MUST BE LESS THAN 32
- THE CRYO MODALITY HAS TO BE USED ON UNCONTROLLED DIABETICS WITH CAUTION  
ALL REMAINING MODALITIES ARE SAFE
- ABSOLUTELY CONTRAINDICATED IN PREGNANT MOTHERS
- EXPECTATION ALLIGNMENT IS A MUST, ITS FAT REDUCTION AND IS A 3 MONTH PROCESS
- THE PATIENT MUST BE COMMITTED TOWARDS PRIMARILY FOLLOWING A DIET PLAN AND SECONDARILY FOR AN EXERCISE ROUTINE

## AREAS THAT CAN BE TREATED

- ABDOMEN
- FLANKS(LOVE HANDLES)
- SUB-SCAPULAR FAT
- THIGHS
- GLUTEAL REGION (BUTTOCKS)
- ARM FAT
- DOUBLE CHIN
- INVERSION OF NORMAL CONTOURS DUE TO AGEING



## TREATMENT PROTOCOLS

- PATIENTS ARE CALLED FORTNIGHTLY TO WEEKLY DEPENDING ON FAT PERCENTAGE AD AREAS
- DIETICIAN'S HELP AND A STRICT DIET ARE GIVEN 'LIFESTYLE MODIFICATIONS AND EXERCISE SCHEDULE ARE PROMOTED
- PATIENT SHOULD UNDERSTAND THAT , IT'S A PROCESS THAT CAN BE ACCELERATED WITH PATIENTS EFFORTS
- IN SOME CASES WE SEE REDUCTION FOR UPTO 8 MONTHS AFTER LAST CYLCE AFTER POSITIVE METABOLISM INITIATION



## Integrated Technology™

### Coolshaping™

- *Fat reduction*
- *Cellulite*

Coolshaping function is an advanced fat cell elimination system via Cryo, Vacuum and LED technology in the integrated technology.

The built-in temperature control circuitry makes a stable target temperature and Vacuum and LED effectively enhance the treatment result.

The cryo temperature can be adjusted from 5°C to -5°C. This system has been proven safe treatment of fat cell elimination, there are no damage in nerves, blood vessels and other tissues because the maximum cryo temperature affect to only fat cell apoptosis.

Generally, a single coolshaping treatment is in procedure for an hour.

## What is Cryolipolysis?

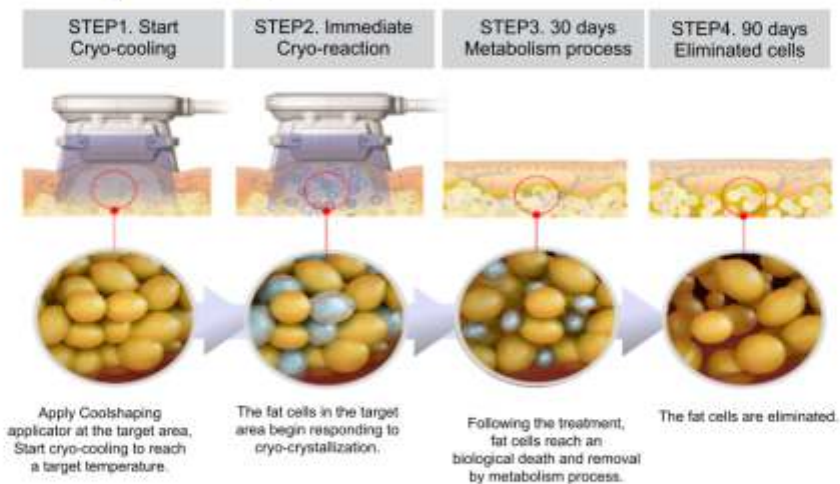
Cryolipolysis refers to a novel non-invasive technology of using cold exposure to selectively and gradually lead to the reduction of subcutaneous fat.

When fat cells are exposed to precise cooling, they trigger a process of natural removal that gradually reduces the thickness of the fat layer.

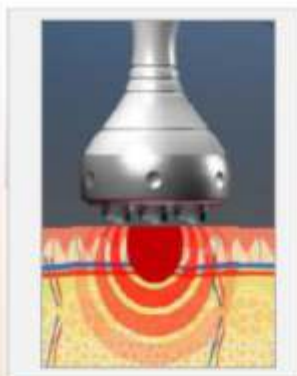
And the fat cells in the treated area are gradually eliminated through the normal metabolism process to eliminate unwanted fat.

# CRYO MECHANISM

## How CryoSculptor™ works?



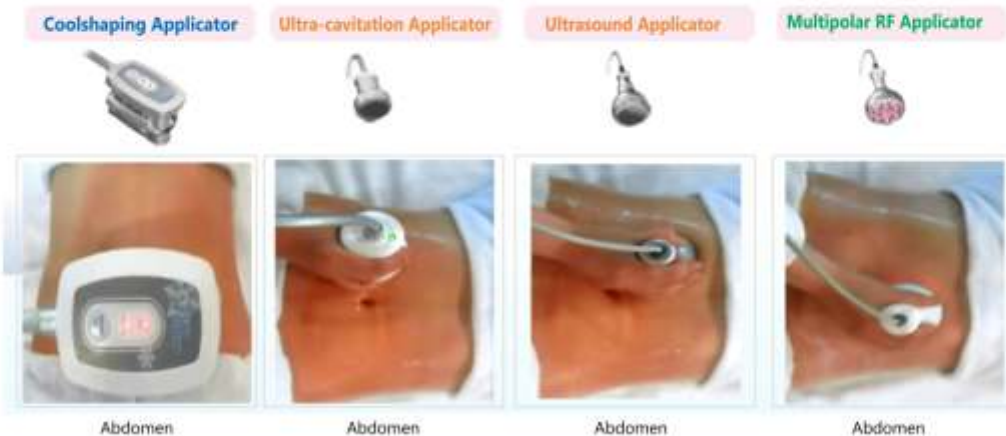
# MULTI-POLAR RF



- ❑ **Fat Reduction**
- ❑ **Cellulite**
- ❑ **Tightening**

Multi-polar RF delivers regular RF thermal energy into dermal and fat layer, and involves applying electromagnetic waves to return physiological processes. The RF energy helps to remove local fat and promotes metabolism and lymphatic drainage.

# SYSTEM OVERVIEW



# BEFORE AFTER



Abdomen Shaping



Thigh Fat Reduction



Abdomen / tummy reduction



Flanks / Back / Love Handles reduction



Double Chin Reduction / Facial Rejuvenation & Lifting

# Cosmeasure Liposuction and Fat Grafting

Fat grafting, also referred to as fat transfer or fat injections, is the surgical process by which fat is transferred from one area of the body to another area. The surgical goal is to improve or augment the area where the fat is injected. The technique involves extracting adipose fat by liposuction, processing the fat, and then reinjecting purified fat into the area needing improvement.



The process of fat grafting involves three steps:

1. extraction of the fat from the donor area with liposuction
2. decanting, centrifugation, and processing of the fat
3. reinjection of the purified fat into the area needing improvement

A summary of common fat grafting applications and the associated volumes of fat injected is as follows:

## **Face (10cc – 100cc, total)**

- Restores youthful appearance by adding volume to hollowed out or wrinkled areas such as the area below the eye and the nasolabial folds
- Helps repair scars
- Adds volume to the cheeks to create the appearance of higher cheekbones
- Improves the texture and appearance of the skin

## **Breast (25cc-400cc, each breast)**

- Increases the breast size by one or two cup sizes
- Corrects breast asymmetry
- Repairs radiation tissue damage and can treat breast implant capsular contractures
- Helps correct scar deformities from lumpectomy or breast reconstruction

## **Hips (100cc-300cc, each side)**

- Adds volume to achieve a more feminine profile and better waist-hip ratio

## **Buttocks (200cc-1300cc+, each cheek)**

- Makes buttocks appear perkier
- Augments buttocks size (aka Brazilian butt lift)

## **Hands and Feet (5-10cc, per extremity)**

- Reduces wrinkles and rejuvenates appearance
- Provides padding for bony feet

## **What is Fat Grafting?**

Fat grafting is one option for those who want cosmetic surgery to reshape the body. Fat is removed from overly fatty areas such as the stomach and love handles and then transferred by injection into other parts of the body. This procedure fills adds volume to areas that appear unshapely (for example the buttocks, breast or cheeks). Fat transfer is an effective way to reshape the body surgically.

## **What Body Parts are Ideal for Fat Grafting**

Fat grafting is an excellent option for someone who has aging creases and lines on their face or hollow cheeks. However, another area of the body that people request to have surgically contoured with fat grafting is the buttocks. Larger amounts of fat are moved to the buttocks to give it a more shapely appearance.

## **What is Liposuction**

Patients who have fat deposits that can't be corrected by diet and exercise can take advantage of liposuction. Liposuction aka liposculpture is a body contouring procedure that removes fat via a vacuum like device, but it requires a significant level of experience and technique by the surgeon to achieve an outstanding result. The idea is to eliminate enough fat and thus contouring the body to a desirable shape.

## **What Body Parts are Ideal for Liposuction**

There are many parts of the body where liposuction is effective including the stomach, buttocks, thighs, knees, chin, cheeks, and upper arms. The most frequent requests for liposuction treatment are for the abdomen, buttocks, and thigh areas. However, this is very patient-dependent and not all patients are good candidates for this procedure.

## **Do People Have Both Liposuction and Fat Grafting Done?**

Yes. It is common for a cosmetic surgery patient to want a larger amount of body contouring and thus take advantage of both procedures. For example, a plastic surgery patient who has more fat around the waist and a flatter buttocks might want to remove the fat from their abdomen and use it to create a perkier buttocks.

Although fat grafting and liposuction are both body contouring procedures, their differences are important to note. Dr.ShahramSalemy, a Seattle Plastic Surgeon, believes it is important to understand those differences before choosing the method that will ultimately provide plastic surgery patients the body they want.



# COSMASURE EVA

## AESTHETIC /COSMETIC GYNECOLOGY



### WHAT IS AESTHETIC GYNECOLOGY

Lots of questions, so let me explain quickly. All, women, always want to stay young, each part of our body unfortunately sometimes is not as perfect as we want it to be, sometimes it can cause not only aesthetic problems, it can make our life miserable, painful. In order to help women, who are also do not want signs of ageing appear on their private parts aesthetic gynecology is an answer. Just do not be shy, ask your doctor about everything that bothers you, even if it is not related to gynecological field, as you think, complain, and we doctors will try to help, even if it is not our field, we can transfer or guide you to a proper doctor. So, aesthetic gynecology.

We all hear about PRP, O-shot, G-spot amplification, vaginal rejuvenation, vaginal tightening and many other things. In this pamphlet in brief I will explain "who is who", and what each procedure is for.

The five main procedures of Cosmetic Gynecology are:

- Hymenoplasty: creating an intact hymen broken by cycling, horse riding or first intercourse. In most countries intact hymen denotes virginity
- Vaginoplasty: tightening of vagina or vaginal rejuvenation, for sexual satisfaction.
- Labiaplasty: improve the appearance of inner labia, and reduce the vaginal lip size.
- Hoodectomy or Clitoral unhooding: remove the tissue that normally covers the clitoris.
- Monsplasty: lift, tighten and shape-up the pubis, the "bikini bridge," which may be prominent when wearing outfits

It's a very good procedure, to start from, that nothing but your own blood will be used for it.

What is it for? To rejuvenate your private parts, to make it look and feel as if you are a very young lady, let's be frank here, ageing, pregnancy, childbirth all these factors lead that private part looks old, texture is lost, color is awful. For those who are 45 years plus and entering age of menopause, such condition as vaginal dryness is well known, and very unpleasant, so PRP is for you. Also, recent study in reproductology says that PRP is increasing success rate of IVF and artificial insemination and improves endometrial receptivity. Painless, quick procedure, with no special preparation ( except no alcohol consumption 3 days before procedure, no inflammation in the area) and quick ( cumulative effect) is for you, and plus your private part is not only looking younger and healthier you will have an additional bonus as improved sexual desire

## **O-SHOT**

Very famous procedure all over the world. Targeting lots of problems. First and most important-helps you in case of urine leakage, very embarrassing for ladies condition that affects their life. O-shot, is a miracle injection. See, with one injection you will get rid of urinary leakage, improve appearance of private part, increase sexual desire and arousal, fight dryness in private parts and also may help in solving such uncomfortable condition as painful intercourse and this is very important too. Do not be afraid procedure is absolutely painless, as local anaesthetic creams will be used before we start.

## **G-SPOT AMPLIFICATION**

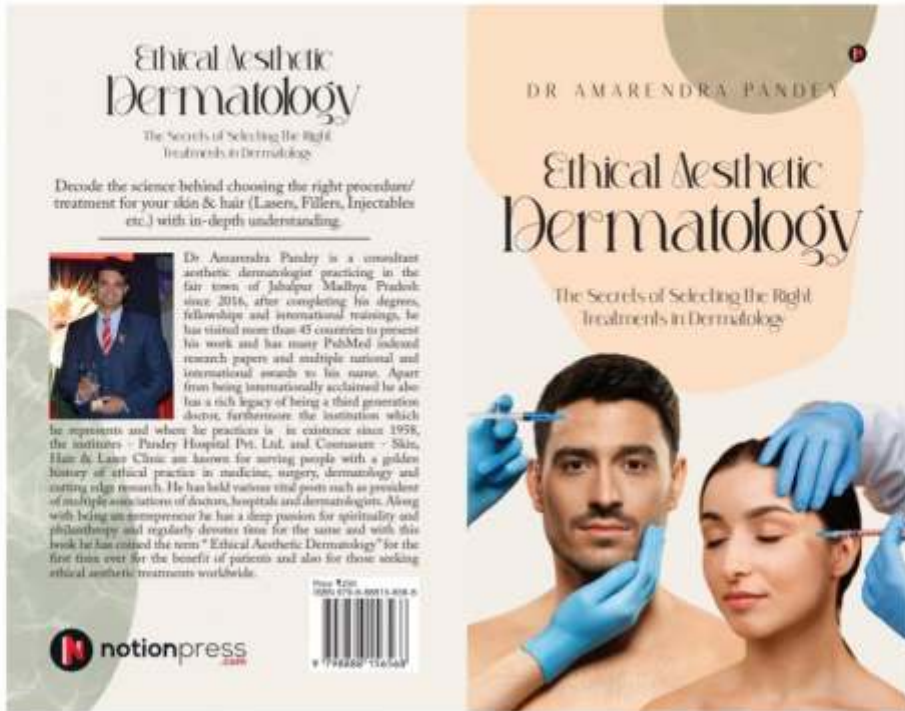
I think, everybody knows about G-spot. Fewer people know that G-spot was discovered...in 1940!! By German gynecologist Ernst Grafenberg, everybody knows that this is a pleasure spot in the female body. Why to increase it in size? Less effort from partner's sight will lead you to a very nice mood. Procedure is painless, no additional preparation except excluding inflammation. The procedure is done with the help of injection of hyaluronic acid in a specific area. No restrictions after injection. The procedure is painless, as we are using anesthetic creams.

## **VAGINAL TIGHTENING**

Lots of women have concerns about appearance of private part after pregnancies and childbirth, sometimes it may need only additional exercises to strengthen the muscles of targeting area, sometimes surgical correction may be needed, sometimes laser treatment will help, mechanism of laser action we are discussing on our free educational lections, so feel free to come and ask any questions.

## **HYPERPIGMENTATION**

Also a very sensitive problem, often it can be a sign of some problems in reproductive area, or a sign of some problems with glucose level in your blood and it may need complex treatment. But as we discuss only aesthetic part in here, so for now such procedures like chemical peeling, laser treatment, micro-needling treatment may be helpful. Again do not be afraid procedure is painless, as anaesthetics will be used before procedures will start, and some procedures like laser and chemical peeling are absolutely painless.



## BUY THE BOOK

# " ETHICAL AESTHETIC DERMATOLOGY "

## ON AMAZON AND NOTION

A Patient's Guide to the Right Ethical Treatment(s).

Decode the science behind choosing the right procedure/ treatment for your skin & hair (Lasers, Fillers, Injectables etc. ) with in-depth understanding.

The complete guide for the Patients / Treatment Seeker for the correct treatment for your skin , Hair and nails .



Available on all leading Platforms like Notion ,Amazon ,Kindle , Flipkart .

ॐ

# COSMASURE™

## Skin, Hair & Laser Clinic

When Its Your Skin, Be 100% Sure, Trust Only The Best.

The First Clinic of MP for body shaping & contouring  
Remove fat & inches from the right places. Total fat reduction

**The only Clinic for Fat reduction & Body Shaping with  
all USFDA Approved Technologies.**



# 3-MAX CoolShaping™

Cryolipolysis, Ultra cavitation, Ultrasound and Multipolar RF

Treatment done by Multiple International Award Winning Aesthetic Dermatologist & Laser Surgeon



## Dr. Amarendra Pandey

MBBS(Vikram Univ.),  
DVD(Mumbai),M.D (1<sup>st</sup> In Merit)